



MUMBAI BRANCH OF IAP
WELCOMES YOU TO

DYSFUNCTION TO FUNCTION THE PELVIC FLOOR IN MEN AND WOMEN



Smita Mehta
PT,DPT,PRPC.
Brooke Army Medical Centre, San Antonio,
Texas

[Register Here](#)

8th-April-2023

Venue - K J Somaiya College of
Physiotherapy, Sion

Time - 1 PM to 8 PM



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Smita Mehta is a physical therapist at Brooke Army Medical Center in San Antonio, with 12 years' experience in pelvic floor rehab. She received a Doctorate in Physical Therapy from UT Health Science Center in 2014, and National Certification for Pelvic Rehabilitation Practice in 2019. Smita is also a certified pelvic oncology rehab and postpartum corrective exercises specialist. She completed Ashtanga Yoga Teacher's training in 2019 and integrates yoga into her clinical practice.

What will the event include

- Revisiting the pelvic floor structure and function.
- Common pelvic floor conditions.
- Factors influencing pelvic floor.
- Pelvic floor PT evaluation.
- Treatment involves patient education and handouts given to patients.
- Neuromuscular education and practice.
- Manual therapy, hands-on.
- Therapeutic exercises, hands-on.
- Two case studies (1 female and 1 male).

Upto 23 March - Rs 2000/-
24 Mar-5 Apr - Rs 2500/-
6 Apr -7 Apr - Rs 3000/-

Includes lunch , tea snack,
certificate and resource
material.

Time for registrations and
lunch - 12 - 1 PM

FOR REGISTRATION CONTACT:
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